

# SALLE DE PETITES ACTIVITES

# PAP 1

	DEBUT	ACTIVITE	ASSOCIATION	FIN
LUNDI	10 h 00	<b>QI GONG</b>	LE RHINOCEROS	12 h 00
	12 h 30	<b>SHEN ZHAN GONG</b>	YIDAO	13 h 30
	16 h 00	<b>QI GONG</b>	CD SPORT POUR TOUS	17 h 00
	17 h 15	<b>QI GONG</b>	YIDAO	18 h 15
	18 h 30	<b>GYM FEMININE</b>	ASM	19 h 45
	20 h 00	<b>THEATRE</b>	LE RHINOCEROS	22 h 15

MARDI	09 h 00	<b>GYM DOUCE</b>	ELO FORME ET DETENTE	11 h 00
	17 h 15	<b>QI GONG</b>	LE LOTUS DORE	19 h 45
	20 h 00	<b>CAPOEIRA</b>	AS MANGARA	22 h 00

MERCREDI	09 h 00	<b>RELAXATION BIEN-ETRE</b>	GMPR	12 h 00
	12 h 30	<b>TAÏ CHI CHUAN</b>	YIDAO	13 h 30
	14 h 00	<b>THEATRE</b>	ZYGOM'ART	15 h 30
	17 h 15	<b>NEIYANGGONG</b>	YIDAO	18 h 15
	18 h 30	<b>GYM DOUCE</b>	AVF	19 h 30
	20 h 15	<b>DANSE FOLKLORIQUE</b>	REIMS ATELIER FOLK	22 h 15

JEUDI	09 h 00	<b>ATELIER PREVENTION, CONCENTRATION, BIEN-ÊTRE</b>	AVF	11 h 00
	14 h 00	<b>ATELIER PREVENTION, CONCENTRATION, BIEN-ÊTRE</b>	AVF	15 h 00
	15 h 15	<b>GYM SENIOR</b>	ELO FORME ET DETENTE	16 h 45
	17 h 00	<b>YOGA</b>	VINIYOGA EQUILIBRE	18 h 00
	18 h 30	<b>QI GONG</b>	CD SPORT POUR TOUS	19 h 30
	19 h 45	<b>DANSE CONTEMPORAINE</b>	LA GIRAFE BLEUE	22 h 00

VENDREDI	09 h 00	<b>GYMNASTIQUE</b>	ELO FORME ET DETENTE	10 h 00
	10 h 30	<b>ASHTANGA YOGA</b>	YOGA DES SACRES	12 h 00
	12 h 15	<b>DANSE TRIBAL</b>	EGYPTIC TRIBAL	13 h 30
	15 h 30	<b>RELAXATION BIEN-ETRE</b>	YUAN QI ZEN	17 h 00
	17 h 15	<b>THEATRE ENFANTS</b>	LES PETITS MUSICIENS	18 h 45
	19 h 00	<b>YOGA</b>	YOGA SANTE REIMS	20 h 00
	20 h 30	<b>THEATRE</b>	LES PETITS MUSICIENS	22 h 00

SAMEDI	09 h 00	<b>YOGA</b>	LE LOTUS DORE	10 h 15
	10 h 30	<b>THEATRE</b>	LES PETITS MUSICIENS	11 h 45

# SALLE DE PETITES ACTIVITES

# PAP 2

	DEBUT	ACTIVITE	ASSOCIATION	FIN
LUNDI	10 h 00	<b>ASHTANGA YOGA</b>	YOGA DES SACRES	11 h 30
	13 h 45	<b>ASHTANGA YOGA</b>	YOGA DES SACRES	15 h 15
	17 h 00	<b>YOGA</b>	YOGA SANTE REIMS	18 h 00
	18 h 15	<b>RENFORCEMENT MUSCULAIRE</b>	ASM	20 h 15

MARDI	09 h 00	<b>GYM DOUCE</b>	AVF	11 h 30
	12 h 30	<b>YOGA</b>	VINIYOGA EQUILIBRE	13 h 30
	14 h 30	<b>THEATRE ADULTES</b>	AVF	16 h 30
	18 h 00	<b>QI GONG</b>	JIN DING	19 h 15
	19 h 30	<b>ASHTANGA YOGA</b>	YOGA DES SACRES	20 h 30
	20 H 45	<b>THEATRE</b>	LE MASQUE A PLUMES	22 H 15

MERCREDI	10 h 00	<b>QI GONG</b>	LE RHINOCEROS	11 h 30
	12 h 30	<b>ASHTANGA YOGA</b>	YOGA DES SACRES	13 h 30
	13 h 45	<b>YOGA</b>	LE LOTUS DORE	14 h 45
	15 h 00	<b>DANSE NATURELLE</b>	CREA CORPS PLUS	17 h 00
	18 h 30	<b>STEP</b>	ASM	20 h 00
	20 H 15	<b>Danse et relaxation</b>	TOURNECIEL	22 H 15

	14 h 30	<b>THEATRE</b>	AVF	16 h 30
	17 h 00	<b>THEATRE</b>	LES PETITS MUSICIENS	18 h 30
	18 h 45	<b>DANSE DE SALON</b>	ASM	22 h 15

VENDREDI	09 h 00	<b>GYM DOUCE</b>	AVF	11 h 30
	12 h 15	<b>RELAXATION</b>	ASM	13 h30
	14 h 30	<b>YOGA</b>	LIGUE CONTRE LE CANCER	15 h 30
	15 h 45	<b>MODERN JAZZ</b>	Jazzmatajazz	17 h 45
	18 h 00	<b>THEATRE</b>	LE RHINOCEROS	20 h 00
	20 h 15	<b>MODERN JAZZ</b>	Jazzmatajazz	22 h 00

Samedi	09 h 30	<b>YOGA</b>	GMPR	10 h 30
	14 h 00	<b>MULTI ACTIVITES</b>	TRISOMIE 21	16 h 00
	16 h 30	<b>DANSE</b>	BDA sciences - Po	18 h 30
	18 h 45	<b>MODERN JAZZ</b>	Jazzmatajazz	19 h 45